

THURS MAY 29, 2025 • MONTH OFFLINE • WASHINGTON, DC 20009

ME

Dear future flipmate,

I literally saved dozens of hours this month ~~not~~ using my smartphone to infinite scroll. I am going permanent flip-phone after this - it's been too nice. Just remember it can only be a month for you - that's OK! I am not going to miss that brain fog from scrolling (although I still do that a little on my laptop and that's also OK). Don't be too hard on yourself either, you're in the same boat as the rest of your cohort. Good luck!

- Jack

MONTH OFFLINE * SEPTEMBER 2025
WASHINGTON, DC 20001

ME

Dear future flipmate,

Congratulations on starting your month offline! You're in for an eye opening experience that's going to make itself felt in your life every day. You'll get out what you ~~put~~ ^{put} get in, so try to say "yes" as much as possible. ~~And~~ And stay late to chat with your cohort if you can. Feel free to hit me up for support, advice, or encouragement @ (404) 966-2658

-Michael

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ME

Dear future flipmate,

Welcome to your month offline! Honestly, this past month in the cohort has been one of my favorite months I've lived (off the top of my head, at least). I hope hearing that can help ease any nerves as you enter this month. I encourage you to move slow & reflect ^{on} the new ways you start to interact with the world around you. I promise it'll be different, in the best of ways. Lean into your creativity, how you problem - ~~solve~~ solve moving forward w/o the conveniences a smartphone provides!

-mikayla

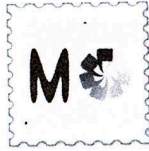
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ME

Dear future flipmate,

You might be excited, nervous, curious, or dubious about using a "dumb" phone for a month. All those emotions are perfectly fine. I promise you that this one of the smartest choices you can make. We all have addictions that exist on a spectrum. Taking a break from scrolling will give you space to think about what you really want. How do you really want to use your time? Stick with it and it gets better! I'm sure you'll do great! -Daniel

MONTH OFFLINE * SEPTEMBER 2025
WASHINGTON, DC 20001



Dear future flipmate,
Congratulations on beginning one of the coolest months of your life.
Get ready to be present, notice the world and be free of distraction (and also some unexpected challenges).
I'm so grateful for this experience and this wonderful community and wish you luck as you get started.
It's going to be great! - Ankita

MONTH OFFLINE * SEPTEMBER 2025
WASHINGTON, DC 20001



Dear future flipmate,
Prepare to enjoy life more! I found this to be a really enriching experience that made me more connected to my community and more present with my loved ones. My advice: get lost, don't put a message on your laptop, sit on the park and read, do things no one else in your life would do. Live this experience to the fullest. - Charlie

MONTH OFFLINE * SEPTEMBER 2025
WASHINGTON, DC 20001



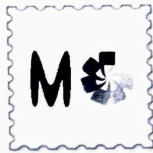
Dear future flipmate,
I'm so excited for you! If you're anything like me, you probably don't know what to expect out of this next month. Maybe you have big goals or projects you've been putting off, but remember this: the project is the process. You don't have to do anything. Being is the doing. Less is Mo ♡

MONTH OFFLINE * SEPTEMBER 2025
WASHINGTON, DC 20001



Dear future flipmate,
Enjoy every second of your month offline... It flies by! Go to the meet ups each week you'll meet amazing friendly people. And you'll start running into them on the streets and it gives an amazing feel of community. Enjoy the little bubble of peace the flip phone gives you. #Flipphoneclubforever!

MONTH OFFLINE * DECEMBER 2025
WASHINGTON, DC 20001



Dear future flipmate,

Congrats on a fabulous decision.
A dry January like none other!
Prepare to see, feel and hear
more. Prepare for slow quiet mo-
ments, and painful boredom.
But mostly be prepared to
live a real life and be more
alive. If you need alumni
Support cold call 510-282-7263

MONTH OFFLINE * DECEMBER 2025
WASHINGTON, DC 20001



Dear future flipmate,

Get ready for an awesome
ride! If you can, open yourself
fully to this experience and
everything you put in you
will get back. Have a blast
and make sure you chat
to new people every week!

♡ Halley ♡

MONTH OFFLINE * DECEMBER 2025
WASHINGTON, DC 20001



Dear future flipmate,

I am so excited for you! I know
you may be quite confused or unsure
of what you're entering into (you may
even have some haters). Get ready
for a reclamation of your time,
energy + communication. Best of
luck + enjoy the process. You've
got this!
-Quinn (M.O. Nov.
2025)

MONTH OFFLINE * DECEMBER 2025
WASHINGTON, DC 20001



Dear future flipmate,

I'm glad you are choosing to do this!
It's a new experience and you are
recognizing that you want to change
your relationship with your phone.
my advice: really commit to this. You'll
learn a lot about yourself and how
you can achieve so much with
a lower screen time.

Good luck,
William G

MONTH OFFLINE * FEBRUARY 2026
WASHINGTON, DC 20009



Dear future flipmate,

Time is abundant & urgency is fabricated.
Embrace your boredom & lean into others
including Strangers!! Rediscover your inner
child & embrace the initial discomfort
b/c it'll be so much easier than you
even realize!

♡ Chloe C.

MONTH OFFLINE * FEBRUARY 2026
WASHINGTON, DC 20009



Dear future flipmate,

Congrats! You're doing a great
thing for yourself. Embrace cutting
out the noise of life this month. Try
to go all in — or even challenge
yourself to go out without any
phone at all and just be in the world
on your own. Remember that everything
you need is within you already. Truly.
Your phone doesn't hold the answers. You do.

MONTH OFFLINE * FEBRUARY 2026
WASHINGTON, DC 20009



Dear future flipmate,

Going "offline" is not as scary as
you think! You are capable of so many
things that your smartphone took
away, so prepare to trust yourself.
You will feel so much better at
the end of this process. Good luck!

-Blair

MONTH OFFLINE * FEBRUARY 2026
WASHINGTON, DC 20009



Dear future flipmate,

Do it! Let loose! Be free!
Don't ~~touch~~ touch the thing! Listen
to the leaves, the trees, the birds.
Dance & cry; be you. You are
capable of living in this world
without extractive tech. Breathe,
best month ever is upon you.
YOU ARE FINALLY FREE.

Kendall B